

Daily Plan ~ Day 3

Wednesday, June 9, 2004

Day Coordinators: Rab Cika, National Park

Service Delaware Water Gap National Recreation Area,

Ethan Huner & Flo Mauro, Pocono Environmental Education Center (PEEC)

Bushkill, PA Launch to Worthington State Forest, NJ

12 Miles ~ Smooth water, Class I rapid below Sambo Island.



Tuesday Evening (Day 2): Set up camp @ Worthington State Forest

6:00 P.M. Dinner – Provided by Shawnee on the Delaware

7:30 P.M. Program: *“William O. Douglas & the Wilderness Bill of Rights”*

- 7:30 A.M. Breakfast at Worthington State Forest camp, catered by PEEC
- 8:00 A.M. Registration at Worthington State Forest camp for campers and day-trippers; load private boats on shuttle
- 9:00 A.M. Shuttle private boats and people to Bushkill Launch site
- 9:45 A.M. Safety Talk
- 10:00 A.M. Launch at Bushkill (PA), floating interpretation during paddle *“River Valley Geology”*
- 12:00 P.M. Lunch at Depew Recreation Site
- 12:30 P.M. Program on *“Trees & Shrubs Walk-a-bout”*
- 1:30 P.M. Resume paddling to Poxono Island for 2 miles, program *“River Islands Ecology”*
- 2:30 P.M. Continue paddling 3.5 miles to Worthington State Forest
- 4:00 P.M. Take-out at Worthington State Forest, NJ
- 6:00 P.M. Dinner – provided at Worthington State Forest by PEEC
- 7:30 P.M. Evening Program – *“Lenape Lifeways”*

Camping will be at Worthington State Forest in North Camping Area. Campers please park in Douglas Parking Area adjacent to North Camping Area. **Note:** There are shower facilities at this location.

Many thanks to today's Sojourn Partners:

National Park Service, Delaware Water Gap National Recreation Area; Kittatinny Canoes; Upper Delaware Scenic & Recreation River, Lower Delaware Scenic & Recreation River, New Jersey State Parks and Forestry; Pocono Environmental Education Center; Camp Taylor Campground / Lakota Wolf Preserve. Shawnee-on-the-Delaware

EMERGENCY CONTACT NUMBERS

National Park Service Dispatch 1-800-543-4295

***Water Levels** – Water height is highly relevant in the Upper Delaware section of the river for two reasons:

1. High water can inundate the river banks and islands where flooded trees and vegetation can create what are known as “strainers.” Strainers are very, very dangerous and can trap boats and people under water.
2. High water changes the characteristics of the rapids on the Upper Delaware. Some “wash out” while others become more dangerous.

Above the 8-foot water level the National Park Service recommends only “highly skilled boaters in properly equipped rafts or in closed boats.”

Average water levels: 2.9-4.5 ft levels – Everyone may take the trip in canoes or kayaks.

High Water Options –

Moderate water: 4.5 – 6 ft levels – Take the trip. Rafts recommended for less skilled boaters

High water: 6-8 ft levels – Take the trip. Rafts required for people renting watercraft and less skilled boaters.

Very High water: 8-feet and above – **No River Trip** – Alternate Land Activities –